

In the picture, in $\triangle ABC$, AD is altitude, AM is median and O is the Orthocentre.

Prove:

$2(AM^2 + OM^2) - OA^2 = 4R^2$, where R is the circumradius of $\triangle ABC$.

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Author's Solution

Construction :

Draw the circumcircle of $\triangle ABC$.

Mark its circumcentre at E. Draw diameter AEF. Join FO. Let FO & BC intersect at N. Produce AD to cut the circumcircle at K. Join BF, CO, CK & FK.

Proof:

$$\angle AKF = 90^\circ \quad (\because AF \text{ is diameter})$$

$$\Rightarrow FK \parallel BC$$

\Rightarrow BFKC is an isosceles trapezium

$$\Rightarrow \angle FBN = \angle KCN \quad \text{----- (1)}$$

And $BF = CK$ -----(2)

CD is the perpendicular bisector of OK
(As per Orthocentre theorem, page 22 of the book "Rajaclimax's theorems on Geometry")

$$\Rightarrow \angle OCN = \angle KCN \quad \text{-----(3)}$$

And $CO = CK$ -----(4)

(1), (2), (3) & (4) \rightarrow

$$BF = OC$$

$$\angle FBN = \angle NCO$$

$$\angle BNF = \angle CNO \quad (\text{vertically opposite})$$

$$\Rightarrow \triangle NBF \cong \triangle NCO$$

$$\Rightarrow BN = NC \quad \text{-----(5)}$$

And $FN = NO$ -----(6)

(5) \rightarrow N & M are same points (M is the midpoint of BC - given)

\therefore Now, let us call N as M. (see figure-2)

(6) \rightarrow AM is the median of $\triangle AFO$

\therefore As per Apollonius Theorem,

$$AF^2 + AO^2 = 2(AM^2 + OM^2)$$

$$\Rightarrow 4R^2 = 2(AM^2 + OM^2) - OA^2 \quad \text{-----Proved}$$

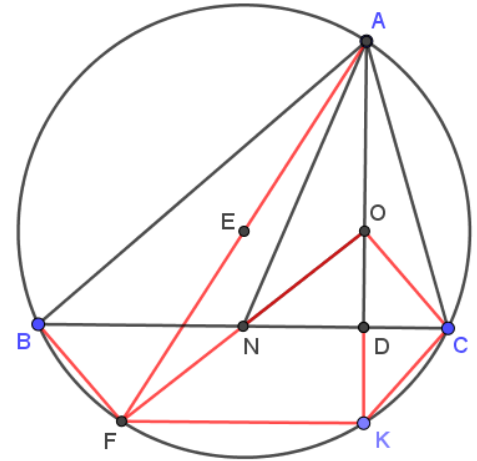


Figure -1

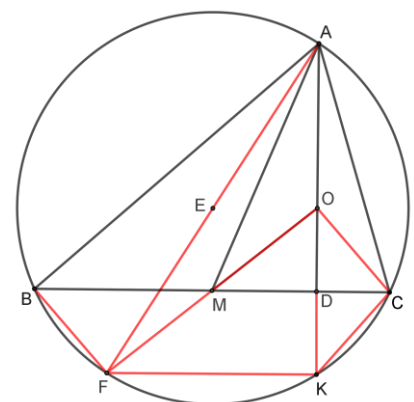


Figure -2

Solution given by
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